**Crime Information**

Use our profile tags to replace VSS in copy.

Twitter @VSScotland

Facebook @VictimSupportSco

Instagram @victim\_support\_scotland

|  |  |
| --- | --- |
| **Sample social media posts** | **Graphics/Images to accompany** |
| **Antisocial Behaviour** |  |
| If you’ve been the victim of #AntiSocialBehaviour, you may be feeling helpless, anxious or frustrated. VSS are here to help you feel safer and stronger. Contact them for support via their helpline or webchat: 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Antisocial behaviour |
| If #AntiSocialBehaviour is making you afraid in your own home, VSS are here to help you feel safer and stronger. Contact them for support via their helpline or webchat: 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Problems with neighbours / Problems with vandals |
|  |  |
| **Assault** |  |
| Experiencing #assault can be extremely frightening and can affect you emotionally as well as physically. Everybody reacts differently, which is why VSS support will always be personal to you. If you need a helping hand, contact them at 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Assault |
| If you’ve been the victim on #assault, VSS is on hand to help. They can assist you in person, online & over the phone, and through the court process. They support you no matter who you are, and no matter what the crime. Get in touch at 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Assault |
|  |  |
| **Bullying** |  |
| #Bullying comes in many forms and can take place in person & online. If you’re confronted with bullying behaviour, VSS can help. Their services are free, independent and confidential. For a listening ear, contact them at: 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Bullying |
| #Harassment isn’t always obvious to others, but it's still a crime. VSS can help you process your experience, they promise - To listen - Not to judge - To provide you with personal support - To explain your rights simply. Contact: 0800 160 1985 / http://victimsupport.scot | Stalked or Harassed |
|  |  |
| **Child Abuse** |  |
| Child abuse can cause long-lasting emotional, physical & financial impact. Talking to an independent professional can help. VSS experienced volunteers are here to support you in person, by phone & in court. Contact them today: 0800 160 1985 / <http://victimsupport.scot> | Child Abuse |
| If you’ve been a victim of child abuse, it’s important to remember that it’s not your fault. @VSScotland trained and experienced volunteers are here to support you, no matter who you are and no matter what the crime. Contact them today: 0800 160 1985 / <http://victimsupport.scot> | Child Abuse |
|  |  |
| **Domestic Abuse** |  |
| Domestic abuse doesn’t have to be physical – it can also be verbal, sexual, emotional or mental. If you need support, VSS experienced volunteers are here to help in person, over the phone & in the courts. Contact: 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Domestic Abuse 3 or 1 |
| Domestic abuse can affect anyone, in all types of relationships. It’s important to remember that only your abuser is to blame for their behaviour. If you need support, VSS services are free, independent & confidential. Contact: 0800 160 1985 / <http://victimsupport.scot> | Domestic abuse male |
| If you feel intimidated, controlled, or unable to speak out, that’s abuse. VSS can provide practical advice and support in person, over the phone or online. Get in touch today for a helping hand: 0800 160 1985 / http://victimsupport.scot | Domestic abuse 2 or 3 |
|  |  |
| **Fire-raising** |  |
| After an act of wilful fire-raising, you can feel anxious, confused & unsafe. VSS trained & experienced volunteers can offer practical & emotional support, no matter when the crime took place. Get in touch today for a helping hand: 0800 160 1985 / http://victimsupport.scot | Fire raising |
| If you’ve been affected by wilful fire-raising, there are some things you can do to help prevent further attacks. Let VSS help you today, online or over the phone: 0800 160 1985 / [http://victimsupport.scot](http://victimsupport.scot/) | Fire raising |
|  |  |
| **Fraud** |  |
| Embarrassment, shock & stress are normal reactions for victims of fraud, but it’s important to remember not to blame yourself. If you need practical or emotional support, VSS can lend a helping hand. Contact them today: 0800 160 1985 / http://victimsupport.scot | Fraud 1 |
| Fraud can cause emotional, mental and financial impact. VSS can provide practical and emotional support, over the phone or online. Get in touch today to find out more: 0800 160 1985 / http://victimsupport.scot | Fraud 2 |
|  |  |
| **Housebreaking** |  |
| A housebreaking incident can feel like a violation of your security. VSS trained supporters can offer practical support following the crime & help you to feel safe in your home once more. Contact for help today online or by phone: 0800 160 1985 / http://victimsupport.scot | Housebreaking |
| If you have been affected by a housebreaking incident, you are not alone. Whatever the situation & whenever the crime took place, VSS can help you feel, safer, stronger & better informed of your rights. Get in touch: 0800 160 1985 / http://victimsupport.scot (8am-8pm, M-F) | Housebreaking |
|  |  |
| **Indecent exposure** |  |
| Indecent exposure can be extremely frightening and leave you feeling anxious and violated. VSS can provide personalised support to help you feel safer. You don’t need to report the crime to receive our help. Contact: 0800 160 1985 / http://victimsupport.scot (8am-8pm, M-F) | Don’t need to report a crime |
| If you or someone you care about has been affected by indecent exposure, please know that you are not alone. Whoever you are, whatever the situation and whenever the crime took place, VSS can help. Contact today on 0800 160 1985 / http://victimsupport.scot (8am-8pm, M-F) | Support loved ones |
|  |  |
| **Rape and Sexual Assault** |  |
| Experiencing rape or sexual assault is traumatic, but you don’t have to face this alone. VSS trained supporters can offer personalised help & information so you can start to move forward with your life. Contact them today on 0800 160 1985 / http://victimsupport.scot | Rape or sexual abuse |
| Rape and sexual assault can have a devastating effect. VSS can provide you with personalised support & information, regardless of whether or not you report the crime to the police. Let them help you today by phone or online: 0800 160 1985 / http://victimsupport.scot | Anyone affected by crime |
|  |  |
| **Robbery** |  |
| Experiencing a robbery can be distressing, but you don’t have to face this alone. VSS trained supporters can offer personalised help & information to help you feel safer, stronger & better informed of your rights. Contact today on 0800 160 1985 / http://victimsupport.scot | Making people stronger |
| If you have been affected by robbery, VSS are here for you. Their trained supporters will listen as you talk about your experiences & help you feel better informed of your rights. If you need a listening ear, call: 0800 160 1985 or visit victimsupport.scot | Whatever the crime |
|  |  |
| **Stalking** |  |
| Everyone responds differently to stalking, but no one has to go through it alone. VSS can provide you with personalised support & information. You don’t need to report the crime to receive our help. Let them help today: 0800 160 1985 / http://victimsupport.scot | Don’t need to report a crime |
| If you have been affected by stalking, you can feel anxious, angry & isolated. VSS trained & experienced volunteers can offer practical & emotional support, no matter when the crime took place. Get in touch for a helping hand: 0800 160 1985 / http://victimsupport.scot | Stalked or harassed |
|  |  |
| **Theft** |  |
| Theft can affect people in different ways. That's why VSS will offer you bespoke support and information, designed to suit your needs. Let them help you today.  Contact us on 0800 160 1985 or http://victimsupport.scot (8am-8pm, M-F) | Theft |
|  |  |
| **Vandalism** |  |
| We want you to feel safe in your own home. If you’ve been affected by vandalism, VSS can provide practical support & information, whoever you are, whatever the situation & whenever the crime took place. Contact by phone or online: 0800 160 1985 / http://victimsupport.scot | Vandalism |
| If you have been affected by vandalism, VSS are here for you. Their trained supporters will listen as you talk about your experiences, helping you feel safer & better informed of your rights. If you need a listening ear, call 0800 160 1985 or visit victimsupport.scot | Vandalism |