**Your Space**

Use our profile tags to replace VSS in copy.

Twitter @VSScotland

Facebook @VictimSupportSco

Instagram @victim\_support\_scotland

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| **Sample social media posts** | **Graphics/Images to accompany** |
| Crime can disrupt your life in a range of ways. VSS can discuss practical options and support you to access safety, financial and specialist assistance. #FindYourSpace to consider your options: <http://victimsupport.scot/yourspace> | Your space to consider options |
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| Whoever you are, whatever the crime, VSS are here to help. Our support is free, confidential and open to everyone affected by crime. You don’t need to report the crime, to receive our help. #FindYourSpace to be welcomed: <http://victimsupport.scot/yourspace> | Your space to be welcomed |
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| Sometimes it helps to have somebody neutral to talk to after a crime. You can discuss how you’re feeling in a safe and confidential space that’s free of judgement.VSS can help you express and explore your emotions. #FindYourSpace to talk: <http://victimsupport.scot/yourspace> | Your space to talk |
| Everyone reacts to crime differently. VSS will ensure you feel safe and understood. They will acknowledge your feelings and concerns, and support you to manage any reactions you may be experiencing. #FindYourSpace to feel understood: <http://victimsupport.scot/yourspace> | Your space to feel understood |
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| The criminal justice system is complicated. You have rights as a victim or witness, which VSS can help you access. They can make you feel more confident, and equipped with knowledge and information. #FindYourSpace to be informed: <http://victimsupport.scot/yourspace> | Your space to be informed |
|  |  |
| VSS can support you to identify achievable goals to help you reimagine and plan your future. You can start to feel stronger and more empowered so you can move forward after a crime. #FindYourSpace to move forward: <http://victimsupport.scot/yourspace> | Find your space to move forward  |
|  |  |
| Crime can have a long-lasting impact. You may feel you need more support sometime in the future. VSS services are always here, if you need them. #FindYourSpace to keep in mind: <http://victimsupport.scot/yourspace> | Find your space to keep in mind |

Infographic can be used with any of the above messages.